

Heaton Harriers

TOWN MOOR MEMORIAL 10k ROAD RACE

plus junior races and 'mini-minor' fun run

Sunday 9th November 2008.

Kindly supported by Start Fitness and Mincoffs Solicitors.

2008 Results:

Senior 10K (\$=non-counter)

Pos	Name	Cat/Pos	Club	Time
1	Jonathan Taylor		Morpeth H & AC	31:26
2	Peter Newton		Claremont RR	31:53
3	\$Ross Murray		Gateshead H & AC	32:28
4	\$Matt Nicholson		Morpeth H & AC	33:11
5	\$Tim Calder		Gateshead H & AC	33:17
6	James Buis		Heaton Harriers	33:25
7	Richard Morrell		Middlesbrough & Cleveland H	34:18
8	Paul Besford		Unattached	34:34
9	Tony Carter		Wallsend H & AC	34:47
10	Rob Hand	V45	1 Durham City H & AC	35:13
11	Kevin Stephenson	V40	1 Elswick Harriers	35:41
12	\$Harry Paton		Morpeth H & AC	35:56
13	John S Donkey		Derwentside AC	36:12
14	Les Smith		Heaton Harriers	36:23
15	Don Milliken		Heaton Harriers	36:30
16	Patrick Duffy		Unattached	36:33
17	Paul Hilton	V40	2 Wallsend H & AC	36:36
18	Martin Connelly	V40	3 Elswick Harriers	37:00
19	Lewis Tatt		Newcastle University AC	37:20
20	Alan Thompson	V45	2 Elswick Harriers	37:25
21	David Steel	V40	4 Morpeth H & AC	37:36
22	Karl Oakes		Birtley AC	37:40
23	Oliver Hughes		Unattached	37:45
24	Martin Murray	V40	5 North York Moors AC	37:49
25	Angela Hibbs	L	1 Chester-Le-Street & Dist AC	37:51
26	Paul Howe		Heaton Harriers	37:54
27	Alist MacDonald	V45	3 Morpeth H & AC	38:12
28	Chris Burrows		Gateshead H & AC	38:25
29	Phillip Moore		Darlington H & AC	38:33
30	Martin Slater		Gateshead H & AC	38:36
31	Elliott Gowland		Sunderland Strollers	38:37
32	Jimmy Bell	V60	1 Elswick Harriers	38:40
33	Michael Bunn	V50	1 Jarrow & Hebburn AC	38:40
34	Andrew Hartley	V45	4 Elswick Harriers	38:40
35	David McAllister	V40	6 Heaton Harriers	38:41
36	Iain McKinnon		Heaton Harriers	38:41
37	Richard Taylor		Unattached	38:44
38	Martin Crowe	V45	5 Elswick Harriers	38:48
39	Stephen Magrath		Unattached	38:50
40	Steve White	V60	2 Elswick Harriers	39:01

41	Lee Morgan			Wallsend H & AC	39:09
42	Chris Guy	V45	6	Wallsend H & AC	39:26
43	Steven Brown	V45	7	Tynedale H & AC	39:29
44	Mark Clarkson			Unattached	39:31
45	Stephen Borlos	V55	1	North Shields Poly AC	39:37
46	Hugh Bingham	V40	7	Tynedale H & AC	39:38
47	Dan Weatherill			Wallsend H & AC	39:39
48	Yamuna Thiru	L40	1	Elswick Harriers	39:41
49	Peter Morgan	V50	2	South Shields H & AC	39:43
50	Lee Loraine			Unattached	39:45
51	Andrew Bell			Unattached	39:50
52	Steven Kidd			Unattached	39:54
53	Oliver Cook			Durham University AC	39:54
54	Luke Aston			Blaydon H & AC	40:03
55	Nigel Brown	V40	8	Chester-Le-Street & Dist AC	40:06
56	Laura Spence	L	3	Heaton Harriers	40:14
57	John Moore			Heaton Harriers	40:18
58	Steven Medd			Gateshead H & AC	40:20
59	Jeremy Bailey			Doncaster AC	40:27
60	Ben Forster			South Shields H & AC	40:31
61	David Ranson	V50	3	Birtley AC	40:38
62	Russ Atkinson			Unattached	40:40
63	Iain Goff			Unattached	40:46
64	David Appleby	V45	8	Elswick Harriers	40:53
65	Jon Balmer			South Shields H & AC	40:57
66	Eddie Wilson	V55	2	South Shields H & AC	41:00
67	George Arthur	V45	9	South Shields H & AC	41:02
68	Chris Carter			Unattached	41:12
69	Paul Hindhaugh			Gateshead H & AC	41:14
70	Mark Simpson			Unattached	41:16
71	Alan Rowell	V60	3	Durham City H & AC	41:17
72	Jonathan Conion			Unattached	41:18
73	Dan Perry			Unattached	41:19
74	Jason Stobbs			Gateshead H & AC	41:20
75	Robert Wilson	V45	10	Elswick Harriers	41:23
76	Andy Roberts	V40	9	Heaton Harriers	41:26
77	Ian Young			Unattached	41:27
78	Paul Inskip	V40	10	Heaton Harriers	41:27
79	Andy Pulham	V40	11	Gateshead H & AC	41:29
80	David Jardin			Elswick Harriers	41:31
81	David Boardman	V50	4	Heaton Harriers	41:31
82	Michael Telfer			Unattached	41:31
83	Ed Hillier			Unattached	41:34
84	Russell Deane	V40	12	Unattached	41:37
85	Sarah Lister	L	4	Blackhill Bounders	41:40
86	Jonathan Dowden			Heaton Harriers	41:43
87	Matt Cawood			Tynedale H & AC	41:44
88	Mark Miller			Alnwick Harriers	41:44
89	Gary Pemberton	V55	3	North East Veterans AC	41:45
90	Michael Coxon			Unattached	41:50
91	Peter Scaife	V45	11	Abbey Runners	41:51
92	Ian Hayden			Aurora Harriers	41:53
93	Brian Mushonga			Saltwell Harriers	41:53
94	Shaun Roberts	V50	5	Elvet Striders	41:54
95	Ian Jackman			Unattached	41:57
96	Kevin Lister			Unattached	42:00
97	Steven English	V50	6	Low Fell RC	42:00
98	Michael Hindmarch			Unattached	42:05
99	Billy Green	V50	7	Wallsend H & AC	42:07
100	Chris Jones			Unattached	42:08
101	Matthew Canon			Unattached	42:10

102	Conrad White	V50	8	Elvet Striders	42:12
103	Tom Hanson	V50	9	Elswick Harriers	42:15
104	Huw Fryer			Unattached	42:15
105	Ian Robinson			Unattached	42:16
106	Brian Cook	V55	4	Chester-Le-Street & Dist AC	42:17
107	Ian McDonald	V40	13	Jesmond Joggers	42:19
108	Lucy Robinson	L	5	North Shields Poly AC	42:21
109	John Marshall	V50	10	Heaton Harriers	42:24
110	Philip Green	V40	14	Heaton Harriers	42:26
111	Eric Lewis	V45	12	Blaydon H & AC	42:28
112	Keith Wesson	V55	5	Elvet Striders	42:31
113	Mike Walker	V60	4	Gosforth H & AC	42:32
114	Terry O'Gara	V65	1	Wallsend H & AC	42:33
115	Jason Mellor			Claremont RR	42:34
116	Martin Pearson	V50	11	New Marske Harriers	42:36
117	Stephen Curry	V45	13	Elswick Harriers	42:37
118	Alan Storey	V55	6	Blaydon H & AC	42:38
119	John Tollitt	V45	14	Unattached	42:39
120	Emma Walton	L	6	Wallsend H & AC	42:41
121	Craig Smith	V40	15	Heaton Harriers	42:42
122	Craig Deacon			Jarrow & Hebburn AC	42:58
123	David Gibson	V40	16	Unattached	43:01
124	Harvey Smith	V40	17	Unattached	43:04
125	Rick Long	V40	18	Unattached	43:08
126	Chris Gillis			Claremont RR	43:10
127	Jason Wall			Unattached	43:10
128	Scott McEntee			Heaton Harriers	43:11
129	Joe Masterson			Unattached	43:15
130	David Wright	V55	7	Heaton Harriers	43:16
131	Clare Buis	L	7	Heaton Harriers	43:18
132	Michael Henry	V55	8	Alnwick Harriers	43:23
133	Matthew Fletcher			Unattached	43:32
134	Richard Arnot	V40	19	Heaton Harriers	43:37
135	Ian Glasgow			Birtley AC	43:45
136	Fiona Turley	L	8	Heaton Harriers	43:54
137	Andrew Brown			Unattached	43:55
138	Philip Johnston			Unattached	43:55
139	Ken McEntee	V45	15	Heaton Harriers	43:59
140	Mel Evans	L	9	Low Fell RC	43:59
141	John Hutchinson	V50	12	Elvet Striders	44:05
142	Yaseen Akhtar			Unattached	44:07
143	Tony Derbyshire			Unattached	44:14
144	Simon Baudouin	V50	13	Gateshead H & AC	44:16
145	Ian Walshe			Unattached	44:20
146	Andrew Reay			Unattached	44:21
147	Larry Greaves	V60	5	Aurora Harriers	44:27
148	Stephen Kyte	V45	16	Elswick Harriers	44:30
149	Neil Smith	V40	20	Unattached	44:32
150	Keith Holden	V40	21	Unattached	44:33
151	John Stephenson	V65	2	Crook & District AC	44:42
152	Ian Marsden			Unattached	44:44
153	Andrew Smith	V50	14	Gateshead H & AC	44:44
154	Mike Steven	V50	15	Morpeth H & AC	44:44
155	Michele Moran	L40	2	North East Veterans AC	44:48
156	Ian Casson	V40	22	Unattached	44:49
157	Kevin Payne	V45	17	Wallsend H & AC	44:50
158	David Robson	V50	16	Gosforth H & AC	44:50
159	Lisa Tweddle	L	11	Chester-Le-Street & Dist AC	44:58
160	John Gibson			Heaton Harriers	45:00
161	Alice Lorenzi	L35	1	Heaton Harriers	45:02
162	Anna Seeley	L	13	Durham City H & AC	45:02

163	Maggie Lorraine	L50	1	Gateshead H & AC	45:08
164	Tony Palmer			Unattached	45:16
165	Gareth Hope			Blyth RC	45:17
166	Ben Lester			Unattached	45:20
167	Gareth Breese	V40	23	Alnwick Harriers	45:20
168	Ben Woods			Unattached	45:24
169	Claire Bruce	L40	3	Morpeth H & AC	45:29
170	Elizabeth Hill	L	16	Unattached	45:36
171	Tony Maddocks	V45	18	Wallsend H & AC	45:47
172	Iain McLaren	V40	24	Morpeth H & AC	45:48
173	Erin Pearson	L	17	New Marske Harriers	45:49
174	Brian Hume	V60	6	Low Fell RC	45:52
175	Ben Shillitoe			Unattached	45:56
176	Rupert Harris			Unattached	45:57
177	David Mason	V40	25	Low Fell RC	46:02
178	David Hunter	V60	7	Tynedale H & AC	46:03
179	Peter Richardson	V55	9	Sunderland H & AC	46:05
180	Cyril Bourgenot			Unattached	46:08
181	Amy Turner	L	18	Wallsend H & AC	46:13
182	Rebecca Harrison	LJ	1	Newcastle University AC	46:15
183	Alan Gold	V60	8	Highgate	46:16
184	Unknown			Unattached	46:19
185	David Lauckner	V55	10	Unattached	46:21
186	Nick Wilson			Unattached	46:23
187	Elspeth Lawson	L	20	Wallsend H & AC	46:27
188	Adam Ford			Unattached	46:31
189	Simon Jamison			North Shields Poly AC	46:31
190	David Johnson	V50	17	North Shields Poly AC	46:31
191	Allen Mulliss	V50	18	Heaton Harriers	46:34
192	Rob Kirtley	V40	26	Wallsend H & AC	46:36
193	William R Balmer	V60	9	South Shields H & AC	46:45
194	Angus Ashman	V40	27	Gosforth H & AC	46:49
195	Colin McEntee	V55	11	Heaton Harriers	46:58
196	Philip Barnes	V40	28	Unattached	47:02
197	Janette Kilgour	L55	1	Claremont RR	47:02
198	John Oswald	V55	12	Unattached	47:08
199	Neil Dick	V45	19	Unattached	47:08
200	Christine Burns	L	22	Unattached	47:13
201	Sarah Huntley	L	23	Gateshead H & AC	47:14
202	Stuart Gordon	V40	29	Unattached	47:17
203	Anthony Wren			Unattached	47:17
204	Robert Moore	V65	3	Tynedale H & AC	47:19
205	David Cockburn			Unattached	47:19
206	Hugh Bellamy	V45	20	Scarborough AC	47:22
207	John Smith			Unattached	47:22
208	Andrew Barker			Unattached	47:22
209	Stephen Ridley			Unattached	47:25
210	Chris Ord			Unattached	47:27
211	Jane Garbutt	L	24	North Shields Poly AC	47:28
212	William Doidge	V60	10	Low Fell RC	47:42
213	Dawn Marland	L	25	Unattached	47:43
214	Steph Bingham	L35	2	Tynedale H & AC	47:50
215	Chris Daniel			Unattached	47:59
216	Jeff Emmerson	V55	13	Elswick Harriers	48:00
217	Alan Lattimer	V40	30	Elswick Harriers	48:07
218	Paul Milburn			Unattached	48:10
219	Kerry Rushbrooke	L35	3	Unattached	48:11
220	Shaun Harris			Heaton Harriers	48:12
221	Peter Willis			Unattached	48:14
222	Colette Anderson	L45	1	Unattached	48:24
223	Luke Woodend			Unattached	48:25

224	Kevin Daunt			Unattached	48:25
225	Mark McNally	V60	11	Elswick Harriers	48:27
226	Michael Bunch			Unattached	48:30
227	Keith Weavers	V40	31	Aurora Harriers	48:35
228	Gavin Caygill			Unattached	48:38
229	Neil Smith	V40	32	Heaton Harriers	48:39
230	Sonia Waters	L45	2	Unattached	48:41
231	Colin Gray			Unattached	48:42
232	David Codling			Unattached	48:43
233	Dave Duffy	V45	21	Unattached	48:45
234	Cath Cannon	L40	4	Unattached	48:45
235	Tracey Miller	L35	4	Heaton Harriers	48:48
236	Alan Craft	V60	12	Gosforth H & AC	48:49
237	Frank Strand	V65	4	South Shields H & AC	48:51
238	Bernie Cordes	V70	1	Morpeth H & AC	48:54
239	Matthias Schmid	V45	22	Unattached	48:58
240	David Leng	V60	13	Gateshead H & AC	49:04
241	Lee Coulson			Elswick Harriers	49:07
242	Joanne Murphy	L40	5	Tynedale H & AC	49:08
243	Chris Baudouin	L50	2	Gateshead H & AC	49:19
244	Elliott Ward	V40	33	Unattached	49:19
245	Albert Potts	V45	23	Unattached	49:19
246	Daniel Monk			Elswick Harriers	49:24
247	Josaphine Spence	L	34	Derwentside AC	49:26
248	David Johnson			Unattached	49:26
249	Leslie Graham	V60	14	Unattached	49:37
250	Lyne Valentine	L50	3	Sunderland H & AC	49:40
251	Colin Russell	V45	24	Low Fell RC	49:43
252	Jim Manfred	V60	15	North East Veterans AC	49:44
253	Geoff Calder	V50	19	Unattached	49:48
254	Isao Hara			Unattached	49:55
255	Alan Dunning	V45	25	Jesmond Joggers	49:56
256	Peter Brooks			Elvet Striders	49:59
257	Paul Lewins			Sunderland Strollers	50:00
258	A TzannesKastrist	V45	26	Gateshead H & AC	50:01
259	Robert Stobbs	V45	27	Gateshead H & AC	50:04
260	Marg MacDonald	L40	6	Morpeth H & AC	50:11
261	Peter Whewell	V60	16	North York Moors AC	50:14
262	James McGuire			Unattached	50:23
263	Emma Robinson	L35	5	North Shields Poly AC	50:25
264	Paul Dale	V55	14	Unattached	50:26
265	Trevor Reid	V55	15	Wallsend H & AC	50:28
266	Jane Storey	L	38	Unattached	50:28
267	Kelly Bentley	L40	7	Unattached	50:32
268	Richard McQuade	V40	34	Gosforth H & AC	50:43
269	Nick Wilson			Unattached	50:44
270	Jeff Henderson	V40	35	North East Veterans AC	50:48
271	Daniel Garnys			Unattached	50:51
272	Stephen Short			Unattached	50:52
273	Jason Pearce			Heaton Harriers	50:53
274	Paul McMorrow	V40	36	Heaton Harriers	50:53
275	Allen Dickinson	V40	37	Unattached	50:57
276	Tony Prince	V55	16	Elswick Harriers	51:01
277	Tom Wooldridge	V45	28	Unattached	51:02
278	Kate Metcalf	L35	6	Unattached	51:03
279	Ruth Huckins	L	41	Elswick Harriers	51:04
280	Kelly Dodds	L	42	Unattached	51:06
281	Arthur Potter	V65	5	North East Veterans AC	51:10
282	Rev'e Littlewood	L	43	Unattached	51:14
283	Andy Finn			Claremont RR	51:18
284	Carl Gair			Unattached	51:22

285	Steve Garrett			Unattached	51:27
286	Susan Clarke	L	44	Alnwick Harriers	51:29
287	Pamela Gold	L60	1	Heaton	51:32
288	Barry Murray	V40	38	Derwentside AC	51:35
289	Angie Embleton	L35	7	Alnwick Harriers	51:38
290	Peter Bayes	V50	20	Unattached	51:43
291	Susan Clughen	L55	2	Sunderland H & AC	51:56
292	Robert Nesbit	V45	29	Blackhill Bounders	51:57
293	John Gibson	V50	21	Unattached	52:00
294	Ian Richardson	V45	30	Unattached	52:08
295	Rona Harris	L	48	Elswick Harriers	52:08
296	Christine Hunter	L55	3	Tynedale H & AC	52:12
297	Richard Jewers	V40	39	Unattached	52:14
298	David Whitmore	V70	2	South Shields H & AC	52:17
299	Sarah Jane Mason	L	50	Unattached	52:20
300	Andrew Hill			Unattached	52:30
301	Peter Hull	V45	31	Unattached	52:32
302	El'e Weatherston	L40	8	Unattached	52:33
303	Daniel Harvey			Unattached	52:33
304	Marie Kirby	L	52	Unattached	52:37
305	Mary Lisle	L	53	Elswick Harriers	52:38
306	Carole Scott	L45	3	Unattached	52:40
307	Mary Plumley	L35	8	Alnwick Harriers	52:55
308	Ailbhe Burke	L	56	Cambridge University H & H	53:05
309	Geoff Hume	V65	6	Low Fell RC	53:17
310	Lindsay Senior	L35	9	Unattached	53:28
311	Chris Senior			Unattached	53:28
312	Christina Tyley	L	58	Unattached	53:55
313	Rhiannon Dovey	L	59	Unattached	53:58
314	Anne Irving	L55	4	Houghton H & AC	54:02
315	Trevor Rowe	V55	17	Unattached	54:10
316	Sarah McKeown	L	61	Unattached	54:17
317	Lynn Boardman	L45	4	Heaton Harriers	54:18
318	Kenny McCormick	V55	18	Claremont RR	54:26
319	Gill'n Brazewell	L	63	Elswick Harriers	54:31
320	Paul Smith	V40	40	Unattached	54:32
321	Matthew Thomas	V40	41	Unattached	54:40
322	Kath Longbottom	L	64	Unattached	54:43
323	Claire Knox	L	65	Unattached	55:05
324	Mic Stringfellow			Unattached	55:09
325	Clare Souter	L35	10	Unattached	55:19
326	Laura Brown	L	67	Unattached	55:19
327	Ken McDonald	V65	7	South Shields H & AC	55:24
328	Kerry Gowland	L	68	Sunderland Strollers	55:35
329	Jan Scott	L50	4	Unattached	55:48
330	Emma Williams	L	70	Unattached	56:09
331	Louise Baldock	LJ	2	Sunderland Strollers	56:11
332	Fred Henderson	V65	8	North East Veterans AC	56:26
333	Ross Cooney			Saltwell Harriers	56:48
334	Ian Skelton			Unattached	57:06
335	Liz Paton	L50	5	Gateshead H & AC	57:12
336	Lucy Lee	L	73	Jesmond Joggers	57:13
337	Helen Nixon	L45	5	Unattached	57:20
338	Lynne Stobbart	L40	9	Unattached	57:39
339	Fran's Hitchings	L35	11	Unattached	57:53
340	Adam Pennington			Unattached	58:17
341	Robert Milliken			Unattached	58:21
342	Anth'y Macdonald			Unattached	58:22
343	Alan Fortune	V65	9	Alnwick Harriers	58:27
344	Sharon Carr	L35	12	Elswick Harriers	58:47
345	Sharon Turnbull	L	78	Unattached	58:54

346	Alison Campbell	L40	10	St Albans Striders	59:11
347	Susan Britton	L	80	Saltwell Harriers	59:24
348	Emily Cox	L	81	Saltwell Harriers	59:24
349	Steve Lee			Unattached	59:54
350	Alan Hansell	V55	19	Unattached	1:00:08
351	Janet Armstrong	L35	13	Unattached	1:00:10
352	Lynda Jackson	L	83	Gateshead H & AC	1:00:16
353	Ian Rossiter	V45	32	Unattached	1:00:40
354	Stephen McEwan	V40	42	Unattached	1:00:47
355	Shaun Coan			Unattached	1:00:51
356	Debbie Robertson	L	84	Unattached	1:03:18
357	Penny Wallace	L60	2	Unattached	1:04:50
358	Frank Damani			Unattached	1:04:50
359	Jacqueline Kerr	L	86	Saltwell Harriers	1:06:16
360	Jill Clark	L40	11	Unattached	1:06:23
361	Gail Parsons	L	88	Gateshead H & AC	1:07:08

Senior Men's Teams

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Heaton Harriers	40		
		3	James Buis	9 Les Smith
		10	Don Milliken	18 Paul Howe
2	Elswick Harriers	57		
		7	Kevin Stephenson	12 Martin Connelly
		14	Alan Thompson	24 Jimmy Bell
3	Wallsend H & AC	79		
		5	Tony Carter	11 Paul Hilton
		31	Lee Morgan	32 Chris Guy
4	Morpeth H & AC	133		
		1	Jonathan Taylor	15 David Steel
		19	Alist MacDonald	98 Mike Steven
5	Gateshead H & AC	134		
		20	Chris Burrows	22 Martin Slater
		42	Steven Medd	50 Paul Hindhaugh
6	South Shields H & AC	176		
		37	Peter Morgan	44 Ben Forster
		47	Jon Balmer	48 Eddie Wilson
7	Tynedale H & AC	236		
		33	Steven Brown	35 Hugh Bingham
		60	Matt Cawood	108 David Hunter
8	Elvet Striders	303		
		66	Shaun Roberts	69 Conrad White
		76	Keith Wesson	92 John Hutchinson
9	Claremont RR	314		
		2	Peter Newton	79 Jason Mellor
		85	Chris Gillis	148 Andy Finn
10	Low Fell RC	400		
		67	Steven English	106 Brian Hume
		107	David Mason	120 William Doidge
11	Alnwick Harriers	409		
		61	Mark Miller	88 Michael Henry
		103	Gareth Breese	157 Alan Fortune
12	Gosforth H & AC	420		
		77	Mike Walker	100 David Robson
		116	Angus Ashman	127 Alan Craft
13	North East Veterans AC	486		
		62	Gary Pemberton	134 Jim Manford

Senior Women Teams

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Heaton Harriers	18	
		3	Laura Spence
		8	Fiona Turley
2	Wallsend H & AC	42	
		6	Emma Walton
		19	Elspeth Lawson
3	North Shields Poly AC	57	
		5	Lucy Robinson
		30	Emma Robinson
4	Gateshead H & AC	61	
		14	Maggie Lorraine
		26	Chris Baudouin
5	Elswick Harriers	68	
		2	Yamuna Thiru
		35	Rona Harris
6	Tynedale H & AC	84	
		23	Steph Bingham
		36	Christine Hunter
7	Alnwick Harriers	103	
		32	Susan Clarke
		38	Mary Plumley
8	Saltwell Harriers	151	
		49	Susan Britton
		52	Jacqueline Kerr
		7	Clare Buis
		17	Amy Turner
		22	Jane Garbutt
		21	Sarah Huntley
		31	Ruth Huckins
		25	Joanne Murphy
		33	Angie Embleton
		50	Emily Cox

Under 11 Boys

Pos	Name	Club	Time
1	Jacob Ball	Blyth RC	3:46
2	Robert Barnes	Elswick Harriers	3:47
3	Luke Taylor	Derwentside AC	4:09
4	Jonathan Howard	Heaton Harriers	4:10
5	Jack Robinson	Sunderland H & AC	4:12
6	Daniel Tate	Blyth RC	4:16
7	Nassim Heraoua	Sunderland H & AC	4:26
8	Milo Dibdin	Heaton Harriers	4:32
9	Daniel Carnigen	Gateshead H & AC	4:39
10	Tom Clarke	Unattached	4:44
11	Joel Tron	Heaton Harriers	4:51
12	James Green	Heaton Harriers	4:55
13	Samuel Quinn	Sunderland H & AC	5:00
14	Oliver Bolimore	Unattached	5:03
15	Thomas Green	Heaton Harriers	5:10
16	Robert Rumney	Heaton Harriers	5:12
17	Marc Barnett	Heaton Harriers	5:27

Under 11 Girls

Pos	Name	Club	Time
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1	Sophie Burnett	Sunderland H & AC	3:52
2	Florence McPate	Gosforth H & AC	4:15
3	Jess Richardson	Elswick Harriers	4:17
4	Grace Tindale	Durham City H & AC	4:36
5	Beatrice Smellie	Durham City H & AC	4:39
6	Jessica Thompson	Blyth RC	4:41
7	Emma Wordsworth	North Shields Poly AC	5:01
8	Maddi Quigley	Gosforth H & AC	5:14
9	Beth Lackie	Heaton Harriers	5:14
10	Ellen McQuade	Gosforth H & AC	5:26
11	Blu Tyrer	Heaton Harriers	5:35
12	Bronya Tubman	Derwentside AC	6:32

Under 13 Boys

Pos	Name	Club	Time
1	Robbie Loraine	Gateshead H & AC	10:47
2	Mark Bunn	Jarrow & Hebburn AC	11:04
3	Anthony Walleth	North Shields Poly AC	11:20
4	Keiron Newton	Gateshead H & AC	11:48
5	Ben Steel	Morpeth H & AC	12:24
6	Paul Baldwin	Gateshead H & AC	12:51
7	Martin Hood	Morpeth H & AC	12:53
8	Barney McQuade	Gosforth H & AC	12:54
9	James Myers	Sunderland H & AC	13:09
10	Mark Thomas	Gosforth H & AC	13:29
11	Nathan Fitzsimon	Sunderland H & AC	13:33
12	Mark Nicholson	Blyth RC	13:42
13	Ben Priestley	Heaton Harriers	13:54
14	Henrik Paulsen	Morpeth H & AC	14:22

Teams

1	Gateshead H & AC	11	
		1	Robbie Loraine
		6	Paul Baldwin
2	Morpeth H & AC	26	
		5	Ben Steel
		7	Martin Hood
		14	Henrik Paulsen
		4	Keiron Newton

Under 13 Girls

Pos	Name	Club	Time
1	Sophie Forster	Birtley AC	11:24
2	Lydia Turner	Birtley AC	11:59
3	Steph Purvis	Morpeth H & AC	12:32
4	Tapanga Burney	Sunderland H & AC	12:44
5	Lydia Bellamy	Houghton H & AC	13:11
6	Teresa Cox	Durham City H & AC	13:30
7	Paige Gilhespy	Birtley AC	13:34
8	Charlotte Ramsey	Blyth RC	13:44
9	Sinead Bennett	Houghton H & AC	14:17
10	Abbie Calder	Gateshead H & AC	14:59

Teams

1 Birtley AC

10

1 Sophie Forster
7 Paige Gilhespy

2 Lydia Turner

Under 15 Boys

Pos	Name	Club	Time
1	Shaun Barras	Jarrow & Hebburn AC	10:18
2	George Lowery	Jarrow & Hebburn AC	10:23
3	Jonathan Nisbitt	Morpeth H & AC	10:35
4	Tristen Peel	Jarrow & Hebburn AC	10:44
5	Matthew Fearn	Jarrow & Hebburn AC	10:47
6	Daniel Rutter	Gateshead H & AC	10:56
7	Alex Tibbs	Elswick Harriers	11:00
8	Adrian Bailes	Birtley AC	11:08
9	Michael Hall	Elswick Harriers	11:20
10	Cameron Laidlaw	Elswick Harriers	11:28
11	Daniel Balmain	Elswick Harriers	11:41
12	Daniel Hobson	Elswick Harriers	12:51
13	Harry Pulhan	Gateshead H & AC	13:47
14	David Cummings	Unattached	14:32

Teams

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Jarrow & Hebburn AC

7

1 Shaun Barras
4 Tristen Peel

2 George Lowery

2 Elswick Harriers

26

7 Alex Tibbs
10 Cameron Laidlaw

9 Michael Hall

Under 15 Girls

Pos	Name	Club	Time
1	Charmaine Porter	Sunderland H & AC	11:05
2	Sophie Taylor	Birtley AC	11:43
3	Bethan Oakes	Birtley AC	11:53
4	Philippa Williams	Elswick Harriers	12:28
5	Dio Mombeyarara	Gateshead H & AC	12:32
6	Gemma Walleth	North Shields Poly AC	12:39
7	Fay Lockhart	Gateshead H & AC	12:53
8	Kirstie Johnson	Blyth RC	12:53
9	Julie Chapman	Gateshead H & AC	13:19
10	Charlotte Sloan	Elswick Harriers	13:21
11	Laura Taylor	Gateshead H & AC	13:21
12	Jodie Taylor	Gateshead H & AC	13:46

Teams

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Gateshead H & AC

21

