



# Anita Nott Women Only Jesmond Dene Run

Monday June 29th 2015 7.30pm

Approx 5km amended course through Jesmond Dene, Armstrong and Heaton Parks

Start and finish on Armstrong Bridge. Parking available locally. Race headquarters and post race presentations will be at Millfield House, Jesmond Dene, Newcastle upon Tyne, NE7 7BQ.

Extensive prize list.

**ENTER ONLINE**

**www.raceentry.co.uk/heaton**

Under UKA Rules  
Permit No  
2015-16803

**ENTRY FEES**

Club Runners: £5.00

Unattached/Fun Runners £7.00

Entries on day +£2

Postal entries to: Race Secretary, 40, Netherwitton Way, Newcastle upon Tyne NE3 5RP.

Closing date 22nd June 2015. Race numbers to be collected on the night. Please make cheques payable to HEATON HARRIERS.

**First Name** .....

**Address** .....

**Surname** .....

.....

**Phone** .....

**Postcode** .....

**DOB** .....

**NoEAA No** .....

**Age on  
29/06/2015** .....

**Club** .....

**Email** .....

**Signature** .....

I declare that I am medically fit to run and understand that I participate at my own risk. I accept that the organisers shall not be liable or responsible for any accidents, loss, damage or injury sustained to my property or to me as a consequence of my participation in this event.