

Anita Nott Women Only

Jesmond Dene Run

Monday 25th June 2018 - 7.30pm

UNMEASURED COURSE - UKA PERMIT NO 2018 - PENDING

Approx 5km course through Jesmond Dene, Armstrong and Heaton Parks

Start and finish on Armstrong Bridge. Parking available locally. Race headquarters and post race presentations will be at Millfield House, Jesmond Dene, Newcastle upon Tyne, NE7 7BQ.

Extensive prize list.

ENTER ONLINE
www.resultsbase.net/event/4390

ENTRY FEES

Club Runners: £7.00

Unattached/Fun Runners: £9.00

Entries on day +£2

Postal entries to: Race Secretary, 40, Netherwitton Way, Newcastle upon Tyne NE3 5RP.

Closing date 22nd June 2018. Race numbers to be collected on the night. Please make cheques payable to HEATON HARRIERS

First Name	Address
Surname
Phone	Postcode
DOB	UKA No
Age on 25/06/2018	Club
Email	Signature

I declare that I am medically fit to run and understand that I participate at my own risk. I accept that the organisers shall not be liable or responsible for any accidents, loss, damage or injury sustained to my property or to me as a consequence of my participation in this event.