

Anita Nott Women Only Jesmond Dene Run

Monday 24th June 2019 - 7.30pm

UNMEASURED COURSE - UKA PERMIT NO 2019 - PENDING

Approx 5km course through Jesmond Dene, Armstrong and Heaton Parks

Start and finish on Armstrong Bridge. Parking available locally. Race headquarters and post race presentations will be at Millfield House, Jesmond Dene, Newcastle upon Tyne, NE7 7BQ.

Extensive prize list.

ENTER ONLINE

www.resultsbase.net/event/4835

ENTRY FEES

Club Runners: £7.00

Unattached/Fun Runners: £9.00

Entries on day +£2

Postal entries to: Race Secretary, 40, Netherwitton Way, Newcastle upon Tyne NE3 5RP.

Closing date 21st June 2019. Race numbers to be collected on the night. Please make cheques payable to HEATON HARRIERS

First Name	Address
Surname
Phone	Postcode
DOB	UKA No
Age on 24/06/2019	Club
Email	Signature

I declare that I am medically fit to run and understand that I participate at my own risk. I accept that the organisers shall not be liable or responsible for any accidents, loss, damage or injury sustained to my property or to me as a consequence of my participation in this event.